

Cleaning Schedules

Daily Cleaning Routine

Daily cleaning is about maintaining order and tackling small messes before they grow.

- Make the Beds: Instantly makes bedrooms look neater.
- Wipe Down Surfaces: Focus on kitchen counters, dining tables, and bathroom sinks.
- Sweep High-Traffic Areas: Keep dirt from spreading.
- Declutter Hotspots: Return stray items to their rightful places.

Weekly Cleaning Schedule

Break down tasks by room for a more thorough cleaning.

Monday: Kitchen

- Clean and disinfect countertops and stovetops.
- Wipe down cabinets and appliances.
- Sweep and mop the floor.
- Toss expired food from the fridge.

Tuesday: Living Room

- Dust surfaces, electronics, and decor.
- Vacuum or sweep the floor.
- Fluff and straighten pillows and blankets.
- Wipe down mirrors and glass surfaces.

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Wednesday: Bathrooms

- Scrub sinks, showers, and tubs.
- Disinfect the toilet.
- Clean mirrors and fixtures.
- Mop the floors and replace towels.

Thursday: Bedrooms

- Change bedding and pillowcases.
- Dust furniture and clean mirrors.
- Declutter nightstands and dressers.
- Vacuum or sweep floors.

Friday: Floors

- Vacuum carpets and rugs.
- Mop hard floors.

Saturday: Laundry and Linens

- Wash clothes, towels, and bedding.
- Organize the laundry area and clean out lint traps.
- Fold and put away clean clothes.

Sunday: Catch-Up and Maintenance

- Address anything missed during the week.
- Deep-clean windows and glass doors.

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- Tidy outdoor spaces like porches or patios.

Seasonal Cleaning Tasks

Spring (March-May: Fresh Start)

- Deep-clean the oven and refrigerator.
- Wash curtains and dust blinds.
- Shampoo carpets and rugs.
- Dust ceiling fans and clean light fixtures.
- Clean windows inside and out.

Summer (June-August: Lighten the Load)

- Wash outdoor furniture.
- Deep-clean trash cans and recycling bins.
- Dust and clean air vents.
- Inspect and replace HVAC filters.
- Pressure wash patios or siding.

Fall (September-November: Cozy Prep)

- Rotate seasonal clothing and linens.
- Deep-clean behind large appliances like the stove and refrigerator.
- Dust baseboards and vents.
- Check and clean gutters.

Winter (December-February: Holiday Hygienics)

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- Deep-clean carpets and upholstery.
- Sanitize light switches, doorknobs, and remote controls.
- Wash throw pillows and blankets.
- Inspect and weatherproof doors and windows.